



**THROOP**  
UNITARIAN UNIVERSALIST

**Monthly Worship Theme: Transformation**

**May 19, 2024**

Throop: Love. Compassion. Justice.

We are a welcoming community, loving the world from the heart of Pasadena through compassion and justice for ourselves, our neighbors, and our planet.

**“The Process of Becoming”**

**Rev. Liz Murphy**

**Teri Trendler, Worship Associate**

**Malcolm Hawkes, Musician-in-Residence**

**Prelude**

**Malcolm Hawkes**

**GATHERING**

**Welcome**

**Teri Trendler**

**Chalice Lighting**

**Welcome Hymn**

*Come, Come, Whoever You Are*

**#188**

**Welcoming Each Other**

**CONNECTING**

**Promise to Our Planet**

As members of the family of living beings on earth,  
we are guided by the Unitarian Universalist principle of  
“respect for the interdependent web of all existence,  
of which we are a part.”

With hearts filled with love for it,  
eyes nurtured by its beauty,  
and minds ruminating on ways to protect  
its sacred and scarce resources,  
we promise to nurture the wellbeing of all life,  
and of the planet itself.

**Responsive Reading**

- adapted from Rev. Julian Soto

Congregational Response: Refrain: May we be transformed.

**Lesson**                    *The Little Butterfly That Could* - Ross Burach                    **Rev. Liz Murphy**

**Singing Children and Program Leaders to Kids Dig In!**

*For you shall go out in joy (2x)*  
*And come back in peace (2x)*  
*Blessed be.*

**Pondering**                    *Live the Questions*                    - Rainer Maria Rilke

**Interlude**                    *One (Birdtalker)*                    **Malcolm Hawkes**

**GRATITUDE**

**Offering**                    **Teri Trendler**

You may give online at [bit.ly/throopgive](http://bit.ly/throopgive), or “text to give” at 866-283-4004. For gifts of cash, please use a green envelope to note your name. Thank you for your generous support.

**Offertory**                    *When My Heart Was Passion Free #335*                    **Malcolm Hawkes**

**Response to Our Offering**

For the ministries of the church in our community,  
we bless our offering with love and hope.

**RECEIVING**

**Centering Hymn**                    *Where Do We Come From?*                    **#1003**

**Pastoral Prayer and Shared Stillness**                    **Rev. Liz Murphy**

**Musical Reflection**                    *The Wind of Change Forever Blown #183*                    **Malcolm Hawkes**

**Our Life Together**                    **Rev. Liz Murphy**

**Closing Hymn**                    *Love Will Guide Us*                    **#131**

**Benediction**                    **Rev. Liz Murphy**

**Postlude**                    **Malcolm Hawkes**

**Join us in Throop Hall after the service**

## Thank you to our Sunday Volunteers

**Coffee and Conversation:** Cynthia McDonnell

**Greeter/Usher:** Barbara Kent

**Kids Dig In! Children's Program:**

**Livestream Operator:** Taran Sindeband

**Throop Choir:** Teresa Bailey, Jaclyn Cosgrove, Dre Helmns, Erin Herndon, Clara Landberg, Marissa Morrison, George Patton, Jean Prinz, Matthew Reed, Ripley Ryan, Taran Sindeband

**Growing Together!** Help us reach our goal to increase participation in our annual pledge drive. Join today with your financial pledge of support for our 2024-2025 fiscal year, starting July 1. Just complete the pledge form available [HERE](#) or use the QR code below. Thank you!



**Weekly updates, activities and our events calendar are available in our e-newsletter, *Throop Tidings*.** Not receiving it? Sign up on our “Stay in Touch” form in the rear of the Sanctuary, or on our website at [www.throopupasadena.org](http://www.throopupasadena.org).

## Unitarian Universalist Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides. We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

- 1. The INHERENT WORTH and DIGNITY of every being.**
- 2. JUSTICE, EQUITY and COMPASSION in all relations.**
- 3. Acceptance of one another and encouragement in SPIRITUAL GROWTH.**
- 4. A free and responsible search for TRUTH and MEANING.**
- 5. The right of CONSCIENCE and the use of the DEMOCRATIC process.**
- 6. The goal of a world community with PEACE, LIBERTY, and JUSTICE for all.**
- 7. RESPECT for the INTERDEPENDENT WEB of which we are a part.**